

# INFORMATION SESSION



## **FREE INFORMATION SESSION**

The next step toward achieving your weight loss goal is to attend a free information session to learn more about the programs and treatment options offered at the Methodist Weight Management Center. This free educational session is designed to help you learn more about our weight loss programs and to provide you an opportunity to ask questions — with no obligation to join. The interactive session is intended to answer your questions about each program and help you decide which program is right for you.

Medical Weight Management information sessions are held at the following locations:

- The Methodist Hospital (Texas Medical Center)
- Methodist Willowbrook Hospital
- Methodist Sugar Land Hospital

Weight loss surgery information sessions are only held at:

- The Methodist Hospital (Texas Medical Center)

**You may register for an information session by calling 832-667-LOSE (5673), or online at [www.methodistweightmanagement.com](http://www.methodistweightmanagement.com).**