

Thank you for choosing The Methodist Hospital for your upcoming bariatric surgery appointment. We will be performing a Heilicobater Pylori (H-Pylori) screening during your visit to the Weight Management Center. H-Pylori is a bacteria that can be found in the stomach and can cause peptic ulcer disease, and stomach cancer. The screening is a simple 15-minute breath test. Please **do not eat or drink anything for ONE (1) hour prior** to your visit. Please **do not take any of the following medications for TWO (2) weeks prior to your visit**. You may want to consult your primary physician if you have questions about discontinuing these medications:

- Any antibiotics
- Pepto-Bismol
- Prilosec OTC
- Prilosec
- Prevacid
- Protonix
- Nexium
- Aciphex

If you are on any of the medications, please notify:

Terri Corbett, RN, Nurse Coordinator at 713-441-5636 or email tcorbett@tmhs.edu .

Clinic times are limited so if you are unable to keep your appointment, please call Allison at 713-441-5955 to cancel or reschedule. We look forward to seeing you.