

CENTER FOR RESTORATIVE PELVIC MEDICINE

GET YOUR *Life Back*



Methodist® The Methodist
Hospital™

Center for Restorative **PELVIC MEDICINE**

Our Areas of Expertise

From complex and challenging conditions to more straightforward disorders, our physicians and surgeons treat a wide array of pelvic organ issues:

- overactive bladder
- urinary incontinence
- pelvic organ prolapse:
 - cystocele
 - rectocele
 - vaginal vault prolapse
 - uterine prolapse
- sexual dysfunction
- fecal urgency or incontinence, gas incontinence
- pelvic pain
- vesicovaginal and rectovaginal fistulas
- congenital defects
- side effects from radiation therapy.

*A nurse navigator will arrange
your appointments with multiple
specialists in just one visit.
Call us today at 713-441-5800*



Streamlined Care for Patients

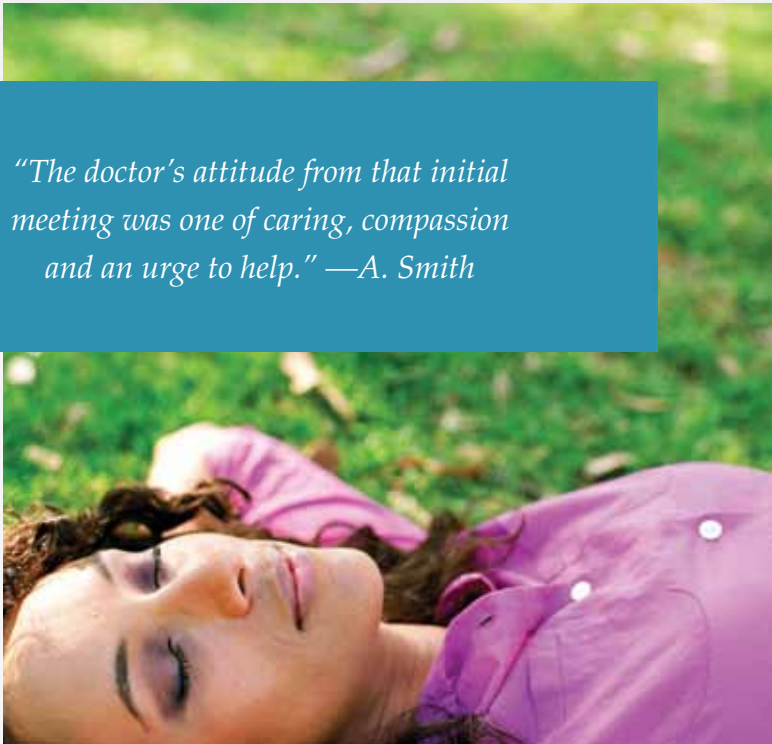
Methodist strives to make your visits as smooth and trouble-free as possible. A nurse “navigator,” trained in and sensitive to pelvic issues, will be your primary contact and will arrange consultations with multiple specialists in a single visit. This eliminates the hassle and stress of scheduling numerous appointments and enables specialists from several disciplines to create a unified course of treatment for you.

This multidisciplinary method is employed in the operating room as well. Should your condition require multiple surgeries, they will all be performed the same day (if medically advisable).

The advantages are significant:

- faster recovery time
- multiple professionals caring for you at once
- reduced chance of complications or adverse outcomes
- more convenient for you and your family.

At the Center, you don't have one doctor, you have a team of specialists dedicated to your care.



“The doctor’s attitude from that initial meeting was one of caring, compassion and an urge to help.” —A. Smith

The Center for Restorative Pelvic Medicine is among the first of its kind in the United States to offer a collaborative, multidisciplinary approach to patient-centered care. Some of the country's best physicians — gynecologists, urologists, colorectal and plastic surgeons — work together to achieve their common goal: restoring pelvic organ health to the women and men who come to Methodist.

We provide thorough evaluations and diagnostic tests for the most common and more complex pelvic organ disorders in an environment of respect, compassion and sensitivity. Upon diagnosis, physicians, surgeons, therapists and nurses devise a plan that is tailored to your specific needs. Treatment modalities such as medical and surgical treatments, biofeedback, physical therapy, pain management and psychological counseling are available to address all aspects of your condition.

About Methodist

The Methodist Hospital is consistently ranked among the country's top hospitals in multiple specialties, including Gynecology, according to U.S. News & World Report's "America's Best Hospitals" list. Methodist ranked in twice as many specialties as any other hospital in Texas.

Research and Education

Our physicians are on the forefront of cutting-edge research and are continually advancing knowledge in the field of pelvic medicine. The research and education conducted at the Center ensures that you will always be given the most advanced care available.

Because of the gracious support of the Hiram and Gloria Arnold Foundation, we are able to provide endowed lectureships, which expand the knowledge of our physicians and our staff. In addition, the Center hosts an annual scientific meeting aimed at educating the Houston-area medical community about the latest innovations and treatment advances.



*For more information or to schedule an appointment, call **713-441-5800** or visit **methodistpelviccenter.com***

International Outreach

Helping those in need is core to Methodist's *I CARE* values: integrity, compassion, accountability, respect and excellence. The Center's surgical specialists realize the urgent, global need for their special skills and expertise, and they regularly conduct medical service missions in the developing world.

Center surgeons have treated patients and educated local doctors on previous missions to impoverished regions such as Vietnam and sub-Saharan Africa.

A Dynamic Team of Experts

Surgeons, physicians, nurses, physical therapists, counselors and pain specialists at the Center are passionate about and are nationally recognized leaders in pelvic medicine. The relationships between these various disciplines results into a dynamic, cohesive treatment team focused on restoring your pelvic health and enhancing your quality of life.

Center for Restorative Pelvic Medicine
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