

The Weight Management Center at Methodist West Houston Hospital
 (located at I-10 and Barker Cypress)
 18500 Katy Freeway
 Houston, TX 77094

We will be located in the Medical Office Building next to the hospital on
 the 2nd floor in the Transplant Center



Services offered at West Houston (Katy)

	Day	Clinic Time	Class Time
Step LITE	Tuesday	11:30 am—12:00	12:00—1:00 pm
New Beginnings	Tuesday	12:00—1:00 pm	1:00 pm—2:00 pm
My Journey	Tuesday	1:00 pm—2:00 pm	12:00-1:00pm
Living IT	Tuesday	4:30 pm—5:00 pm	5:00pm—5:45 pm

We look forward to seeing you in Katy in August!
 Please check our website for any updates at
www.methodistweightmanagement.com

If you have any questions, please call us at 713-441-4984